



"The **doctor** of the future will no longer treat the human frame with drugs, but rather will **cure** and **prevent** disease with **nutrition**."

-Thomas Edison



REGISTERED DIETICIAN PERSONAL OR GROUP SESSIONS

"I love helping people find self-empowerment as they take control of their health and improve their quality of life both in the short term and in maximizing the years ahead of them. I love teaching people how to incorporate a proper diet, exercise, and mental/emotional/spiritual health into their lives to achieve optimum whole body wellness."

Sara Blacketter, MS, RD, LDN

We look forward to seeing you there!



**"Let food be thy medicine and medicine be thy food."
-Hippocrates**

Natural healing for:

- Weight Management
- Inflammation
- Detoxification
- Chronic Diseases

One on One Sessions by appointment starting at \$36/30min or \$72/hr. Group discounts apply.

ALL CARE CLINICAL WELLNESS

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